Southerland farms

Chicken Sausage

- **60% Less Fat than Pork**
- **50% Less Calories than Pork**
- **No Gluten**
- **No Pork - Collagen Casings**

1oz Links

Nutrition Facts

Serving Size 1 link (28g/1oz)
Servings Per Container about 160

Amount Per Serving	
Calories 45	Calories from Fat 25
	% Daily Value*
Total Fat 3g	**5%**
Saturated Fat 0.5g	**3%**
Trans Fat 0g	
Cholesterol 20mg	**7%**
Sodium 165mg	**7%**
Total Carbohydrate 0g	**0%**
Dietary Fiber 0g	**0%**
Sugars 0g	
Protein 4g	
Vitamin A 1% •	Vitamin C 0%
Calcium 2% •	Iron 0%

*Percent Daily Values are based on a 2,000 calorie diet.

Ingredients: Chicken, Salt, Spices, Cane Sugar, Flavoring (Spice Extractives on a Dextrose Carrier), Sodium Phosphates. Packed in Collagen Casings.

10lb Net Wt. Case

1.5oz Patties

Nutrition Facts

Serving Size 1 patty (43g/1.5oz)
Servings Per Container about 106

Amount Per Serving	
Calories 70	Calories from Fat 40
	% Daily Value*
Total Fat 5g	**8%**
Saturated Fat 1g	**5%**
Trans Fat 0g	
Cholesterol 30mg	**10%**
Sodium 240mg	**10%**
Total Carbohydrate 0g	**0%**
Dietary Fiber 0g	**0%**
Sugars 0g	
Protein 6g	
Vitamin A 1% •	Vitamin C 0%
Calcium 2% •	Iron 0%

*Percent Daily Values are based on a 2,000 calorie diet.

Ingredients: Chicken, Salt, Spices, Cane Sugar, Flavoring (Spice Extractives on a Dextrose Carrier), Sodium Phosphates.

10lb Net Wt. Case

4oz Links

Nutrition Facts

Serving Size 1 link (113g/4oz)
Servings Per Container about 80

Amount Per Serving	
Calories 190	Calories from Fat 110
	% Daily Value*
Total Fat 12g	**18%**
Saturated Fat 2g	**10%**
Trans Fat 0g	
Cholesterol 85mg	**28%**
Sodium 650mg	**27%**
Total Carbohydrate 0g	**0%**
Dietary Fiber 0g	**0%**
Sugars 0g	
Protein 16g	
Vitamin A 2% •	Vitamin C 0%
Calcium 2% •	Iron 0%

*Percent Daily Values are based on a 2,000 calorie diet.

Ingredients: Chicken, Salt, Spices, Cane Sugar, Flavoring (Spice Extractives on a Dextrose Carrier), Sodium Phosphates. Packed in Collagen Casings.

20lb Net Wt. Case

2oz Patties (Regular and Wide)

Nutrition Facts

Serving Size 1 patty (57g/2oz)
Servings Per Container about 80

Amount Per Serving	
Calories 90	Calories from Fat 50
	% Daily Value*
Total Fat 6g	**9%**
Saturated Fat 1g	**5%**
Trans Fat 0g	
Cholesterol 45mg	**15%**
Sodium 320mg	**13%**
Total Carbohydrate 0g	**0%**
Dietary Fiber 0g	**0%**
Sugars 0g	
Protein 8g	
Vitamin A 1% •	Vitamin C 0%
Calcium 2% •	Iron 0%

*Percent Daily Values are based on a 2,000 calorie diet.

Ingredients: Chicken, Salt, Spices, Cane Sugar, Flavoring (Spice Extractives on a Dextrose Carrier), Sodium Phosphates.

10lb Net Wt. Case